



Sacred Heart Church

Parish Administrator

Fr. Jaime B. Jose

Deacons

Morton Zabala

Jerome Lefu'a Vito

Parish Staff

Business Administrator

Albert "Al" Wong

Parish Secretary

Linda Jose

Parish Bookkeeper

Myrna G. Peralta

Director of Religious Education

Rosa Lefua

Groundkeeper/Maintenance

Pablo "Jun" Peralta

Mass Schedule

Monday, Tuesday, Thursday Friday

7:30am (after 7am Rosary)

Wednesday

6:00pm Rosary, OLPH Novena,
Chaplet of Divine Mercy and Mass

Saturday Vigil (fulfills Sunday obligation)

5:00pm

Sunday

7:30am, 9:30am, 5:00pm

Reconciliation

Saturday 4:00-4:45pm

Devotions

Thursday

5:00—6:00pm Silent Adoration

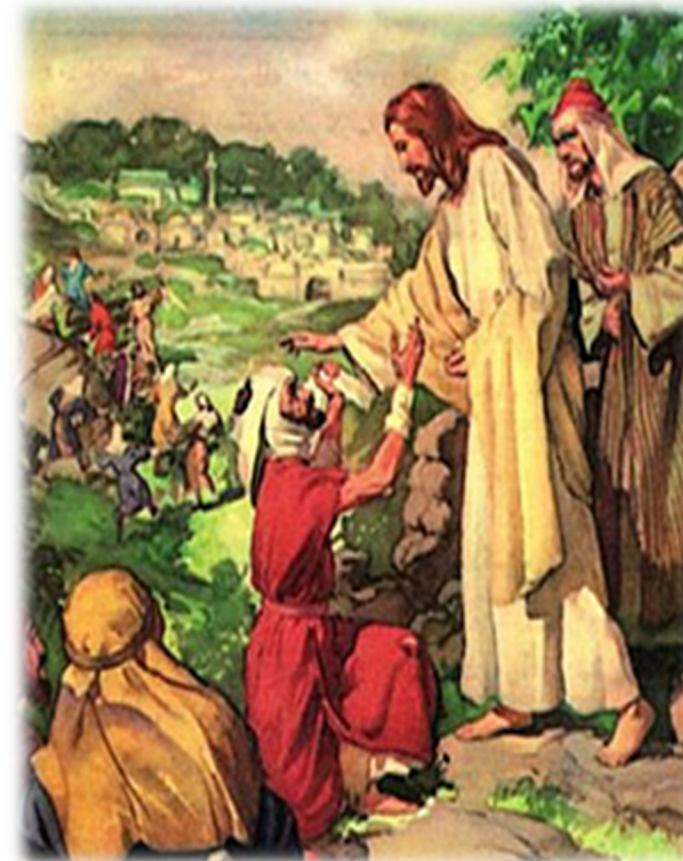
First Friday

6:30am Holy Hour/Benediction (mass to follow)

First Saturday

7:00am Rosary (mass to follow)

February 4, 2024



Parish Mission Statement

Sacred Heart Parish is a Christ-centered community of disciples, journeying together in proclaiming and witnessing God's Word for the integral human and Christian development of all, with respect for the diversity of cultures in the spirit of aloha, towards the realization of God's Kingdom.

Please Contact the Parish Office for the following:

Confession, Baptism, Blessings, Weddings, Anointing of the Sick, Marriage Convalidation and Funerals (*Contact office 1 week prior to making arrangements with Mortuary*)

85-786 Old Government Road Waianae Hawaii 96792 | Ph: (808) 696-3773

www.shcwaianae.churchspring.org | Email: office.shcwaianae@gmail.com

The Fifth Sunday in Ordinary Time

This Weekend's Readings **First Reading** **Second Reading** **Gospel**
Jb 7:1-4, 6-7 **1 Cor 9:16-19, 22-23** **Mk 1:29-39**

The readings for this Sunday cause us to reflect on Jesus' power to heal us, both physically and spiritually. In the first reading, Job laments that he is experiencing so much misery and despair. But the psalm reminds us to "Praise the Lord, who heals the brokenhearted." The Gospel tells how Jesus cured Peter's mother in law, freed those possessed by demons, and preached in the area.

- **Human Suffering and Quest for Meaning:** Job's lament in the first reading highlights the profound struggle of human suffering and the search for meaning amidst life's trials. This theme resonates with anyone grappling with pain, loss, or hardship.
- **Divine Compassion and Healing:** Contrasting with human suffering, the Responsorial Psalm and the Gospel emphasize God's compassion and healing power. This theme underscores the Christian belief in a God who cares deeply about human affliction and actively works to restore and heal.
- **Service and Sacrifice in Ministry:** Paul's reflections in the second reading on his role as an apostle underscore the themes of selfless service and sacrifice. His commitment to preaching the Gospel without seeking personal gain highlights the Christian call to serve others.
- **The Power of Jesus' Ministry:** The Gospel reading showcases Jesus' authority over illness and evil forces, underlining the theme of the transformative power present in Jesus' ministry. It shows the inauguration of a new era of divine action in the world.
- **Solitude and Prayer:** Jesus seeking solitude for prayer, despite the demands of his ministry, emphasizes the importance of prayer and communion with God. This theme is a reminder of the need for spiritual nourishment and reflection in the midst of active service.
- **The Role of the Community in Faith:** The interactions between Jesus and those he heals, as well as the actions of the disciples, highlight the theme of community in the Christian journey. It shows how faith is lived and experienced within a community, and how the community plays a role in supporting, nurturing, and participating in the mission of the Church.



Ash Wednesday

This year, Ash Wednesday is on February 14. We will have masses with distribution of ashes at 7:30am and 7:00pm.

Please note that Catholics aged 18-59 are bound to fast on Ash Wednesday and Good Friday. To fast means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (except water and medicine) is not permitted.

Additionally, Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday. To abstain means refraining from eating beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

As we prepare for Ash Wednesday, please start bringing your palms to be burned. You can leave them in the basket in the church or you can bring them to the office during our regular office hours.



Monday 2/5/24	Tuesday 2/6/24	Wednesday 2/7/24	Thursday 2/8/24	Friday 2/9/24	Saturday 2/10/24
1st Reading: 1 Kgs 8:1-7,9-13	1st Reading 1 Kgs 8:22-23,27-30	1st Reading 1 Kgs 10:1-10	1st Reading 1 Kgs 11:4-13	1st Reading 1 Kgs 11:29-32, 12:19	1st Reading 1 Kgs 12:26-32; 13:33-34
Gospel Mk 6:53-56	Gospel Mk 7:1-13	Gospel Mk 7:14-23	Gospel Mk 7:24-30	Gospel Mk 7:31-37	Gospel Mk 8:1-10
Next Weekend's Readings February 11, 2023 The Sixth Sunday of Ordinary Time					
First Reading		Second Reading		Gospel	
Lv 13:1-2, 44-46		1 Cor 10:31-11:1		Mk 1:40-45	

Deceased: Olly & Juliet Eremita, Ino Gervise Sr., Charles Terry, Walter Terry, Sofia Briones, Roman Briones, Frank Trippet, Warlita Leandro, Hardy Boro, Mary Alice Grace, Julian R Flores (Birthday 1/31), Romualdo S. Pagdilao (Birthday), Valentina D. Nano, Dr. Newton D. Nano, Edward Anthony N. Lomongo Jr.

Healing: Joyce Aliniado, Abraham Grace Jr, Jan Tavares, Loencio Robert, for the healing of the lectors/commentators: Gary Leandro, Dcn Morton Zabala, Dcn Jerome Lefua

Thanksgiving: Christian Kaeo, Ghiana Salud, Terry & Cabrera Family
For all Lectors/Commentators celebrating their birthday in the month of February

ALL MASS INTENTIONS must be turned into the Parish Office during office hours at least **10 (ten)** days prior to the intention. Mass Intentions are limited to (3) Intentions per family per week. Suggested donation as recommended by the Diocese of Honolulu is \$10.00 per Intention/Mass.

IF YOU WOULD LIKE YOUR INTENTION TO BE READ AT EACH MASS, THE DONATION WILL BE \$40.00 (\$10/per mass)
Please submit your envelope provided for your convenience and submit with your intention and donation.

NOTE: PLEASE DO NOT PLACE YOUR MASS INTENTION IN THE OFFERTORY BASKET IF IT FOR THE UPCOMING WEEKEND. PLEASE TURN INTO OFFICE DIRECTLY FOR THE WEEKEND. WE CAN NOT GUARANTEE YOUR INTENTIONS WILL BE IN THE BULLETIN OR READ. Mahalo.

The Peace of Christ be with you all!

The O.C.I.A. is currently preparing for the upcoming 2024 Lenten Season. We have eight Adults, and three Youth candidates in various stages of initiation or sacramental preparation. Some candidates will receive their sacraments at the Easter Vigil, others on Pentecost Sunday, or on another Sunday Liturgy.

Our Candidates for Baptism are: **Kalau Kalawa, David Burgess, and Grace-Ann Kaai (Youth).**

Our Candidate for Reception into Full Catholic Communion is **Shaelee Magno-Richards.**

Baptized Catholic candidates seeking Confirmation and Eucharist: **Michelle Gonsalves, Wayne Rezentos, Raywyne Atiga, Raegina Atiga, R.J. Nedelec, Seth Armodia (Youth), and Paiailelagi Alaelua (Youth).**

Our two adult candidates: **Raywyne Atiga** and **Raegina Atiga**, will be receiving the Sacrament of Confirmation.

Let us surround all our candidates with the Love of Jesus and support them with our prayers!



Praying the Rosary:

Every 3rd Sunday of the month we invite all children/teens and anyone who wants to join us, to pray the rosary before 9:30am Mass. The next Rosary is Sunday, February 18, 2024 at 9am in the church.

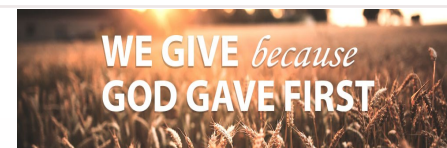
Catholic Relief Services (CRS) Rice Bowl:

Lent is coming! Join our faith community in a transformative Lenten journey through CRS Rice Bowl to meet people in Uganda, El Salvador and Indonesia who are working hard to overcome the challenges of hunger and the impact of climate change. During the 40 days of Lent, we will reflect on our connectedness as one family in Christ and work together to ensure our sisters and brothers worldwide can thrive. Visit crsricebowl.org to learn more.

Children's Choir:

We welcome any of the children in our parish to join the choir. You have two opportunities please come and join us for Saturdays 5pm and Sundays 7:30am masses. You may come and sit in the choir section during those masses to start singing.

If you have any questions, please contact Rosa 808-861-3747 or email rlefua77@gmail.com. God bless & have a great day.



**Blessings of Financial Stewardship for
January 27 and 28, 2024**

Mass Collections

5:00pm (Saturday)	\$528.00
7:30am	\$1,002.00
9:30am	\$1,124.00
5:00pm	\$735.00
Second Collection (Black/Indian Mission)	\$899.00
Total Mass Collection	\$4,288.00

Other Collections

Building Fund Pledge	\$40.00
Bulletin Sponsorship	\$170.00
Candles	\$65.00
Office Collections	\$408.00
Mass Intentions	\$130.00
Initial Offerings	\$13.00
Outreach	\$20.00
Funeral: Church	\$500.00
Funeral: Hall	\$300.00
Funeral: Choir	\$100.00

Total Other Collections \$1,746.00
Grand Total: \$6,034.00

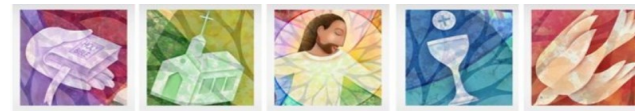
Mahalo for your generosity!



A friendly reminder to please drive safely when you are in our parking lot!

In Loving Memory of Frank Trippett

Offered by Lectors & Commentators



Faith Formation



Are you someone or do you know someone who has expressed an interest in becoming Catholic?

Has a child over the age of seven who has not been baptized? Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist? We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. There are separate sessions for children or youth. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting.

*Lilia Grace at (808)379-9446 or
Email: Ms.lbpj@gmail.com.
Come and join us on
Tuesday evenings at 7:00 p.m.
in the Religious Education building.
God bless you!*



Happy 2024! We give thanks for life from conception to natural death and pray for expectant parents, those with pregnancy difficulties and post abortion healing.

The following events respect life:

40/365 days for life prayers,
Side Walk Advocates Training (TBA)
Hawaii State Laws prayers
Walking with Moms in Need programs

For more information, Please contact:
Linda Susan Madamba
Respect Life SHCW, Coordinator
Phone: (808) 221-7794
E-MAIL: Linda_Susan_Madamba@yahoo.com



SHCW - PANTRY
Did you know our Pantry Services hundreds of people each month with much needed food to survive! WE ARE IN ALWAYS NEED OF NON-PERISHABLE CANNED & DRY FOODS.

Let us always be mindful of those who are less fortunate than us

Please call the Parish Office for more information at (808) 741-1056

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

Church Cleaning Schedule for February 2024

February 3, 2024	RE/Youth
February 10, 2024	Filipino Catholic Club
February 17, 2024	O.C.I.A
February 24, 2023	Chuukese Community

Mahalo for your continued Stewardship for cleaning the house of our Lord

2024 Second Collections Office of the Chancellor

Augustine Educational	February 10/11
Catholic Relief Services	March 9/10
Rice Bowl	March 28 (Holy Thursday)
Holy Land	March 29 (Good Friday)
Diocesan Priests' Retirement Fund	April 20/21 (Good Shepherd Sunday)
Catholic Communication	May 11/12
Diocese of Honolulu Seminarian	June 15/16
Holy Father (Peter's Pence)	July 6/7
Catholic Charities Hawaii	August 3/4
The Catholic University of America	September 7/8
'Ohana in Christ Campaign	October 5/6
World Mission Sunday	October 26/27
Catholic Campaign for Human	November 16/17
Retirement Fund for Religious	December 7/8