



Sacred Heart Church

Parish Administrator

Fr. Jaime B. Jose

Deacons

Morton Zabala

Jerome Lefu'a Vito

Parish Staff

Business Administrator

Albert "Al" Wong

Parish Secretary

Linda Jose

Parish Bookkeeper

Myrna G. Peralta

Director of Religious Education

Rosa Lefua

Groundkeeper/Maintenance

Pablo "Jun" Peralta

Mass Schedule

Monday, Tuesday, Thursday Friday

7:30am (after 7am Rosary)

Wednesday

6:00pm Rosary, OLPH Novena,
Chaplet of Divine Mercy and Mass

Saturday Vigil (fulfills Sunday obligation)

5:00pm

Sunday

7:30am, 9:30am, 5:00pm

Reconciliation

Saturday 4:00-4:45pm

Devotions

Thursday

5:00—6:00pm Silent Adoration

First Friday

6:30am Holy Hour/Benediction (mass to follow)

First Saturday

7:00am Rosary (mass to follow)

April 21, 2024



Parish Mission Statement

Sacred Heart Parish is a Christ-centered community of disciples, journeying together in proclaiming and witnessing God's Word for the integral human and Christian development of all, with respect for the diversity of cultures in the spirit of aloha, towards the realization of God's Kingdom.

Please Contact the Parish Office for the following:

Confession, Baptism, Blessings, Weddings, Anointing of the Sick, Marriage Convalidation and Funerals (*Contact office 1 week prior to making arrangements with Mortuary*)

85-786 Old Government Road Waianae Hawaii 96792 | Ph: (808) 696-3773

www.sacredheartwaianae.com | Email: office.shcwaianae@gmail.com

Fourth Sunday of Easter

This Weekend's Readings	First Reading	Second Reading	Gospel
	Acts 4:8-12	1 Jn 3:1-2	Jn 10:11-18

The readings for this Sunday (Good Shepherd Sunday) demonstrate that Jesus Christ cares for us as a shepherd cares for his flock. Jesus explains that he is the good shepherd who knows his sheep and will do anything to save them.

The Fourth Sunday of Easter, also known as Good Shepherd Sunday, brings together themes that are central to understanding our relationship with Jesus and our identity as Christians. Here are the key themes based on the readings:

- **Jesus as the Good Shepherd:** The Gospel clearly portrays Jesus as the Good Shepherd who lays down His life for His sheep, indicating His sacrificial love and commitment to us.
- **Salvation Through Jesus:** Peter's speech in Acts underscores that salvation is exclusively found in Jesus Christ, emphasizing His role as the cornerstone of our faith.
- **Our Identity as Children of God:** The letter from John reminds us that we are deeply loved children of God, an identity that the world might not recognize but is foundational to our Christian life.
- **The Universality of Christ's Call:** Jesus mentions He has other sheep not of this flock, highlighting the inclusive nature of His mission and the universal call to be part of one flock under one shepherd.
- **Voluntary Sacrifice and Authority of Christ:** Jesus' assertion that He lays down His life voluntarily and has the authority to take it up again speaks to His divine authority and the voluntary nature of His sacrifice for us.
- **The Role of Faith in Understanding Our Identity and Mission:** The readings together invite us to reflect on how faith in Jesus as the Good Shepherd and cornerstone helps us understand our identity as God's children and our mission in the world.

These themes invite us to reflect on the depth of Jesus' love and sacrifice, our identity as beloved children of God, and the call to unity and mission in the vast flock of Christ.

Dear Members of our Church Community,

We want to start by expressing gratitude for your unwavering support and generosity towards our church. Your contributions have been essential to our ability to continue carrying out our mission and serving the needs of our community.

We also want to take this opportunity to introduce our new e-giving platform, Vanco. This platform provides a secure and user-friendly way to give to our church online, and we are confident that it will make giving more convenient for many members of our congregation.

You can give now at this link:
www.sacredheartwaianaeanz.com

Whether you choose to give online or in person, your support is vital to the continued

success of our church community. We are so grateful for your generosity and commitment to our shared mission.

Thank you again for all that you do.

Blessings,

Fr. Jaime B Jose



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Reading: Acts 11:1-18	1st Reading Acts 11:19-26	1st Reading Acts 12:24-13:5a	1st Reading 1 Pt 5:5b-14	1st Reading Acts 13:26-33	1st Reading Acts 13:44-52
Gospel Jn 10:1-10	Gospel Jn 10: 22-30	Gospel Jn 12:44-50	Gospel Mk 16:15-20	Gospel Jn 14:1-6	Gospel Jn 14:7-14
Next Weekend's Readings					
First Reading		Second Reading		Gospel	
Acts 9:26-31		1 Jn 3:18-24		Jn 15:1-8	

Mass Intentions for the Week **April 20 and 21 2024**

Deceased: Olly & Juliet Eremita, Darrel Raymond (3 yrs death anniversary), Marie Magana (Heavenly Birthday), Alfredo Paguirigan (Heavenly Birthday), Basilisa Gervise, Ester Pantoja, Jose Pantoja Jr., Gerarda Pepito, Rufina Ventura (89th Heavenly Birthday), Lucia Tarape, Purificasion, Trinidad, Julian, Baby Angel Aguinaldo

Healing: Joyce Aliniado, Camemo, Bud Pacle, Angie & Roman Saupan

Birthday: Leonard Daquip

Much of what we know about St. Mark, the author of the Second Gospel, comes largely from the New Testament and early Christian traditions. Mark the Evangelist is believed to be the 'John Mark' referred to in the Acts of the Apostles, the history of the early Church found in the Canon of the New Testament.

He was the son of Mary of Jerusalem (Acts 12:12) whose home became a meeting place for the apostles. He is also the cousin of St. Barnabas (Colossians 4:10), a Levite and a Cypriot.

Mark joined St. Paul and St. Barnabas on their first missionary journey to Antioch in 44 A.D. When the group reached Cyprus, Christian tradition holds that Mark left them and returned to Jerusalem, possibly because he was missing his home (Acts 13:13). This incident may have caused Paul to question whether Mark could be a reliable missionary. This created a disagreement between Paul and Barnabas and led Paul to refuse Mark's accompaniment on their second journey to the churches of Cilicia and the rest of Asia Minor.

However, it can be assumed the troubles between Paul and Mark did not last long, because when Paul was first imprisoned, Mark, who was at the time in Rome with plans of visiting Asia Minor, visited him as one of his trusted companions (Col 4:10).

Mark's hopes to visit Asia Minor were most likely carried out, because during Paul's second captivity and just before his martyrdom, Paul wrote to Timothy at Ephesus advising him to "take Mark and bring him with you [to Rome], for he is profitable to me for the ministry" (2 Timothy 4:11). If Mark returned to Rome at this time, he was probably there when Paul was martyred.

According to Christian tradition, Mark also held a close relationship with St. Peter, who referred to Mark as 'his son' in his letter addressed to a number of churches in Asia Minor (1 Peter 5:13). Clement of Alexandria, Irenaeus and Papias all indicate that Mark was an interpreter for Peter.

Although Papias states Mark had not personally heard the Lord speak firsthand and, like Luke, Mark was not one of the twelve apostles, some believe Mark was likely speaking of himself when he wrote the description of Jesus' arrest in Gethsemani. "Now a young man followed him wearing nothing but a linen cloth about his body. They seized him, but he left the cloth behind and ran off naked" (Mark 14:51-52).

St. Mark lived for years in Alexandria, where he died as a martyr while being dragged through the streets.

Mark's Gospel was probably written between 60 and 70 A.D., and was based upon the teachings of St. Peter. It is believed Mark provided both Luke and Matthew with basic sources for their Gospels.

He was probably the first bishop of Alexandria, Egypt and the founder of the Church of Alexandria, although he is not mentioned in connection to the city by either Clement of Alexandria nor by Origen.

In 828, relics of St. Mark were stolen from Alexandria and taken to Venice, Italy. There they are enshrined in a beautiful cathedral dedicated to the saint.

St. Mark's symbol is a winged lion. This is believed to be derived from his description of St. John the Baptist, as "a voice of one crying out in the desert" (Mark 1:3). The wings come from Ezekiel's vision of four winged creatures as the evangelists.

He is often depicted as writing or holding his Gospel. He is sometimes shown as a bishop on a throne or as a man helping Venetian sailors.

St. Mark is the patron saint of Venice. His feast day is celebrated on April 25.



Praying the Rosary:

Every 3rd Sunday of the month we invite ALL children/teens and anyone who wants to join us, to PRAY the ROSARY before 9:30am Mass. The next Rosary is Sunday, April 21, 2024 at 9am in the church.

Children's Choir:

We welcome any of the children in our parish to join the choir. You have two opportunities please come and join us for Saturdays 5pm and Sundays 7:30am masses. You may come and sit in the choir section during those masses to start singing.

If you have any questions, please contact Rosa 808-861-3747 or email rleua77@gmail.com. God bless & have a great day.

ALL MASS INTENTIONS must be turned into the Parish Office during office hours at least **10 (ten)** days prior to the intention. Mass Intentions are limited to (3) Intentions per family per week. Suggested donation as recommended by the Diocese of Honolulu is \$10.00 per Intention/Mass.

IF YOU WOULD LIKE YOUR INTENTION TO BE READ AT EACH MASS, THE DONATION WILL BE \$40.00 (\$10/per mass) Please submit your envelope provided for your convenience and submit with your intention and donation.

NOTE: PLEASE DO NOT PLACE YOUR MASS INTENTION IN THE OFFERTORY BASKET IF IT FOR THE UPCOMING WEEKEND. PLEASE TURN INTO OFFICE DIRECTLY FOR THE WEEKEND. WE CAN NOT GUARANTEE YOUR INTENTIONS WILL BE IN THE BULLETIN OR READ. Mahalo.



Blessings of Financial Stewardship for

April 13 and 14, 2024

Mass Collections

5:00pm (Saturday)	\$663.00
7:30am	\$1,185.00
9:30am	\$1,271.00
7:5:00pm (Sunday)	\$265.00

Total Mass Collection \$3,384.00

Other Collections

Baptism	\$300.00
Building R&M	\$38.00
Bulletin Sponsorship	\$85.00
Candles	\$78.00
Church Donations	\$25.00
Mass Intentions	\$130.00
RE: Registration Fees	\$25.00

Total Other Collections \$681.00

Online Donations \$245.00

Grand Total: \$4,310.00

Mahalo for your generosity!




Happy Heavenly 3rd Death Anniversary Darrell Raymond

Offered by: Patleen Raymond & Ohana



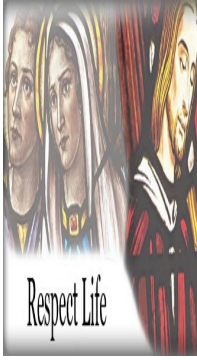
Faith Formation



Are you someone or do you know someone who has expressed an interest in becoming Catholic?

Has a child over the age of seven who has not been baptized? Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist? We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. There are separate sessions for children or youth. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting.

*Lilia Grace at (808)379-9446 or
Email: Ms.lbpj@gmail.com.
Come and join us on
Tuesday evenings at 7:00 p.m.
in the Religious Education building.
God bless you!*



In April of Easter, we give thanks for life from conception to natural death and pray for expectant parents, those with pregnancy difficulties and post abortion healing.

The following events respect life:
40/365 days for life prayers,
Side Walk Advocates Training (TBA)
Hawaii State Laws prayers
Walking with Moms in Need programs
USCCB Novena for St Gianna B. Molla, patron of pregnant and new parents (see <https://www.usccb.org/prolife>)
Rachels Vineyard Retreat, April 26-28, 2024

For more information, Please contact:
Linda Susan Madamba
Respect Life SHCW, Coordinator
Phone: (808) 221-7794
E-MAIL: Linda_Susan_Madamba@yahoo.com



SHCW - PANTRY
Did you know our Pantry Services hundreds of people each month with much needed food to survive! WE ARE IN ALWAYS NEED OF NON-PERISHABLE CANNED & DRY FOODS.

Let us always be mindful of those who are less fortunate than us

Please call the Parish Office for more information at (808) 741-1056

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

Church Cleaning Schedule for April/May 2024

- April 20, 2024 O.C.I.A
- April 27, 2024 Chuukese Community
- May 4, 2024 RE/Youth
- May 11, 2024 Filipino Catholic Club

Mahalo for your continued Stewardship for cleaning the house of our Lord

2024 Second Collections Office of the Chancellor	
Diocesan Priests' Retirement Fund	April 20/21 (Good Shepherd Sunday)
Catholic Communication Campaign	May 11/12
Diocese of Honolulu Seminarian Education Fund	June 15/16
Holy Father (Peter's Pence)	July 6/7
Catholic Charities Hawaii	August 3/4
The Catholic University of America	September 7/8
'Ohana in Christ Campaign	October 5/6
World Mission Sunday	October 26/27
Catholic Campaign for Human Development	November 16/17
Retirement Fund for Religious	December 7/8



Growing in FAITH™

Discovering hope and joy in the Catholic faith.

April 2024

SACRED HEART CHURCH - WAI'ANAE

One Minute Meditations

St. Gemma Galgani

Born in Tuscany to a devout family, St. Gemma was attracted to prayer early on, mystically conversing with Jesus, Mary, and her Guardian Angel. Although she was hard working, kind, and a good student, her ecstasies earned her ridicule. She received the stigmata (wounds of Christ) in her body. She lost half her family to tuberculosis and struggled with poor health herself. Although this prevented her from entering the Passionist Order, she was posthumously accepted by them. .



We are one Body

On the road to Damascus, Jesus told Saul that when he attacked Christians, he attacked Jesus. "I am Jesus whom you are persecuting" (Acts 26:15). Our Lord cannot be separated from the members of his Body. We stand united with all who suffer for Christ.

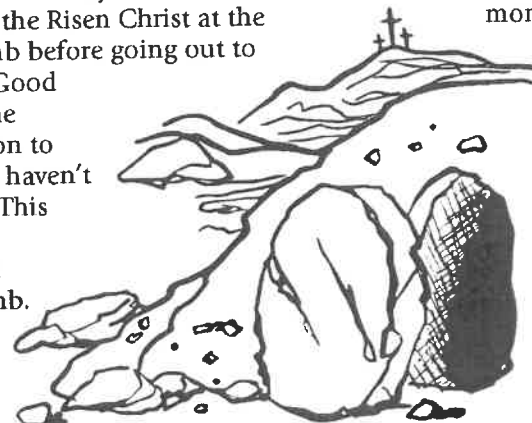
"He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day." (John 6:84).



This Easter, meet Christ at the empty tomb

The Resurrection, more than Jesus' other miracles or teachings, shows His divinity and His Lordship over creation, and His victory over death. Every Easter Sunday, we're called to encounter the Risen Christ at the empty tomb before going out to bring the Good News of the Resurrection to those who haven't yet heard. This Easter:

Visit the empty tomb. Scripture is "living and active" (Hebrews 4:12), so the events of Jesus' life can still impact us today when we pray with them. During the Easter season, read through John 20:1-18, and picture yourself there. Read with an open heart. No one who meets the Risen Christ remains unchanged.



Renew your commitment to Him. Can you remember a moment when Christ called your name and invited you to follow Him? Renew your commitment to follow Christ more faithfully this Easter.

Commit to daily prayer. Offer your errands for the souls in Purgatory. Resolve to go to Confession more often. Don't let anything get in the way of weekly Mass.

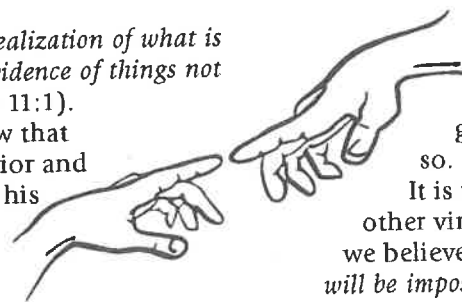
"Go to my brothers and tell them" (John 20:17). Our job is to make more disciples for Jesus

(Matthew 28:19). Invite someone to Mass, pass on inspiring spiritual reading, answer questions about our Faith, be ready to talk about your love for God and your hope for eternity (1 Peter 3:15).

Why Do Catholics Do That?

Why do Catholics need faith?

"Faith is the realization of what is hoped for and evidence of things not seen" (Hebrews 11:1). Christians know that Jesus is our Savior and our lives are in his hands. We also know that by virtue of his



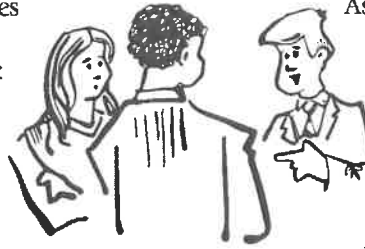
suffering, death, and Resurrection, we have hope of sharing in his glory in Heaven. He said so.

It is through faith that all the other virtues flow. Through faith we believe, "For with God, nothing will be impossible" (Luke 1:37).

3 Ways to be a better communicator

When people encountered Jesus, they knew they were heard, seen, known, and loved by the Father. A large part of this was how He conversed with them. As Christ's disciples aiming to convey the same message, we can become better communicators with these three skills:

Know which conversation you're having. There are three types of conversations: social, emotional, and practical. Maybe someone offered a solution in which a listening ear was needed or made a corny joke at the wrong time. When in doubt, say something like: "Do you want me to fix this or just listen?"



Ask good questions. Jesus asked questions about people's values, past experiences, and perceptions.

Ask open-ended questions, find out what interests them, ask their opinion on a given topic. Seek to understand them. You don't have to agree.

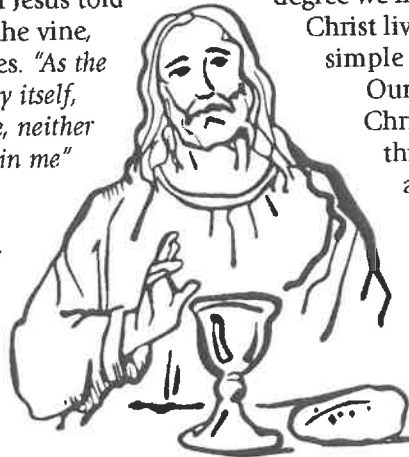
Really listen. Recall the rich young man whom Jesus looked at with love before challenging him to follow Him (Mark 10:21). Avoid checking your phone or thinking about your next response. Give the gift of your full attention.

from Scripture

John 15:1-8, Bearing fruit that will last

This Gospel passage takes us back to the Last Supper, when Jesus told His disciples that He is the vine, and they are the branches. "As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me" (John 15:4). This shows the closeness of the friendship and intimacy Christ wants to draw us into.

Yet, this isn't just a luxury for the few, but a vital necessity for all. "For apart from me you can do nothing" (15:5). As Jesus is who He says He is (God), then we can only have a truly fulfilling,



meaningful, fruitful life to the degree we live in Christ and Christ lives in us. It really is as simple as that.

Our connection with Christ is nourished through daily prayer and the Eucharist, and is healed in Confession. We are part of the Vine when we humbly obey Christ's commands, carry out our duties and acts of kindness with love,

and offer our sufferings to God. Only then will our lives bear lasting fruit.

Q & A What is a Spiritual Communion?

Pandemic lockdowns that prevented us from attending Mass in person prompted the rediscovery of Spiritual Communion, the "ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him" (St. Thomas Aquinas). Thankfully, we have returned to in-person Mass

attendance, but we can still benefit from this devotion. Spiritual Communion keeps us connected to Christ and deepens our awareness of His love throughout the day. Best friends don't only see or speak to each other once a week or when they need something. They stay in contact daily. Certainly, we have no closer friend than God.

The saints encouraged frequent Spiritual Communion because the practice opens us to much-needed graces. St. Alphonsus Liguori encouraged making three Spiritual Communions during Mass – at the beginning, during the consecration, and at the end – even when we receive the Body and Blood.

Spiritual Communion isn't a substitute for Sacramental Communion. Instead, making frequent Spiritual Communion can enrich our experience when we do receive Communion in person.

Our Mission

To provide practical ideas that promote faithful Catholic living.

Success Publishing & Media, LLC
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(540)662-7844 (540)662-7847 fax
<http://www.growinginfaith.com>

(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)

Feasts & Celebrations

April 2 – St. Francis of Paola (1507). St. Francis founded the Minim Friars who lived an ascetic life. Known as a miracle-worker, he also had the gift of prophecy. He died in Plessis, in a monastery built for him by the king.

April 8 – The Annunciation of the Lord (1st century). The angel Gabriel visited the Blessed Virgin Mary with the extraordinary news of her role as the mother of God. She had confidence in God's grace and trusted His wisdom.

April 24 – St. Fidelis of Sigmaringen (1622). In his native Prussia, St. Fidelis became a lawyer and championed the poor and oppressed. He joined the Franciscans. During the Protestant Reformation, St. Fidelis worked hard to bring people back to the Catholic faith, until his martyrdom.

April 27 – St. Zita (1271). Born in Monsagrati, Italy, St. Zita became the servant of the wealthy Fatinelli family. Famous for her miracles in helping the sick, the poor, and the imprisoned, she is the patroness of domestic workers.

